

# One Day Advanced Myofascial Workshop

## *-Introduction to Using Tools Effectively-*

**Dates for 2013 TBA**

**Location: 710 Louis St., Eugene, OR 97402**

**\$125 (7CEUs)**

If you have ever wanted to try different ways to release the stubborn fascia with tools, but were uncertain how and where to begin, then this is where you need to be. This is an introduction class on how to use various tools to effectively support and release the fascia.

We will use:

- **T-bars**
- **F.A.T.(fascial abrasion technique) tool**
- **Vibracussor machine**



These are just a few of the many tools available to use. This class will assist the experienced therapist in their Practice with Sports injury recovery, Orthopedic rehabilitation, injury management, and injury prevention.



**For questions contact:**  
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